Camelot Rise Primary School Menu

Lunch order price list as of Semester 1 2008, GST included.
Lunches provided by Gourmet Delish, Shop 2, 96 The Glen Shopping Centre.
Phone: 9802 4280  www.gourmetdelish.com.au

Sandwiches: (Rolls $0.50 Extra)
White, Wholemeal or Multigrain Bread.
(If not specified the healthier option will be provided).

- Vegemite or Honey $1.50
- Cheese $2.20
- Cheese & Salad $3.25
- Plain Salad $3.00
- Ham $3.00
- Ham & Cheese $3.25
- Ham, Cheese & Salad $4.20
- Egg $2.50
- Egg & Salad $3.50
- Fresh Chicken $3.50
- Fresh Chicken & Salad $4.50
- Chicken & Avocado $4.00
- Chicken, Cheese & Avocado $4.50
- Tuna $3.00
- Tuna & Salad $3.90
- Turkey & Cranberry $4.00
- Turkey & Salad $4.50

(Toasted Sandwiches no extra cost)

Pita Bread Wraps:
- Ham & Salad Wraps $3.50
- Chicken & Salad Wraps $3.50
- Salad Wraps $3.00
- Cheese & Salad Wrap $3.50
- Tuna & Salad Wrap $3.50
- Turkey & Cranberry $4.00
- With Salad $4.50

Thirst Quencher:
- 300ml Plain Milk $1.70
- 250ml Big M $2.00
  (Chocolate or Strawberry)
- Mt Franklin Water $2.00
- 250ml Fruit Juice Bottles $2.20
  (Orange, Apple, Tropical & Tomato)

Hot Food: (Tomato Sauce $0.25)
- Corn on the Cob (each) $1.00
- Honey Soy Chicken Drumsticks (each) $2.20
- Zucchini Slice $3.00
- Pumpkin and Spinach Frittata $3.00
- Lean Beef Burger (with Lettuce and Tomato) $3.50

Treats:
- Whole Fresh Fruit (Apple & Orange) $1.50
- Fresh Fruit Salad $2.50
- Carrot, Celery & Cucumber Sticks with Dip $2.00
- 98% Fat Free Yogurt (Vanilla, Blackberry, Mango & Passion Fruit) $2.70
- Jelly Cups $1.50

Daily Lunch Specials
Thursday: Beef Lasagna & Spaghetti Bolognaise $3.60

Ordering Instructions
- Please write child’s name and class and the required order in a sealed envelope with the total amount for the order. This should be put in the lunch order box at school.

- If the child is running late parents can make a phone orders on 9802 4280 prior to 10am with a credit card.