Camelot Rise Primary School Lunch Menu

Lunch order price list as of Term 3, 2007, GST included.
Lunches provided by Gourmet Delish, Shop 2, 96 The Glen Shopping Centre.
Phone: 9802 4280 www.gourmetdelish.com.au

Sandwiches: (Rolls $0.50 Extra)
White, Wholemeal or Multigrain Bread.
(If not specified the healthier option will be provided).
Vegetable or Honey $1.50
Cheese $2.00
Cheese & Salad $3.20
Plain Salad $2.50
Ham $2.70
Ham & Cheese $3.00
Ham, Cheese & Salad $3.90
Egg $2.50
Egg & Salad $3.50
Fresh Chicken $3.00
Fresh Chicken & Salad $3.90
Chicken & Avocado $3.50
Chicken, Cheese & Avocado $4.00
Tuna $2.50
Tuna & Salad $3.90
Turkey & Cranberry $3.50
Turkey & Salad $4.50
(Toasted Sandwiches no extra cost)

Pita Bread Wraps:
Ham & Salad Wraps $3.20
Chicken & Salad Wraps $3.20
Salad Wraps $2.50
Cheese & Salad Wrap $3.00
Tuna & Salad Wrap $3.20
Turkey & Cranberry
With Salad $4.50

Thirst Quencher:
300ml Plain Milk $1.50
250ml Big M $2.00
(Chocolate or Strawberry)
Mt Franklin Water $2.00
250ml Fruit Juice Bottles $2.00
(Orange, Apple, Tropical & Tomato)

Hot Food: (Tomato Sauce $0.25)
Corn on the Cob (each) $1.00
Honey Soy Chicken
Drumsticks (each) $2.00
Zucchini Slice $3.00
Pumpkin and Spinach
Frittata $3.00
Lean Beef Burger $3.50
(with Lettuce and Tomato)
Vegetarian Soup Of The Day $4.00

Treats:
Whole Fresh Fruit (Apple & Orange) $1.50
Fresh Fruit Salad $2.50
Carrot, Celery & Cucumber Sticks with Dip $2.00
98% Fat Free Yogurt $2.50
(Vanilla, Blackberry, Mango & Passion Fruit)
Jelly Cups $1.50

Thursday Lunch Specials
Baked Macaroni Cheese $3.00
(With Bacon 0.60c Extra)
Spaghetti Bolognaise $3.60
Beef Lasagne $3.60

Ordering Instructions
- Please write your child’s name, class and the required order clearly on the outside of an envelope. The CORRECT money should then be sealed inside the envelope and placed in the office tub or taken to the school office before 9:15am.
- If your child is running late and you miss the tub, parents can place a phone order on 9802 4280 prior to 10am with a credit card.

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