PE NEWSLETTER

Term 4 in PE

HEALTH AND PE WEEK:
Week 2 is Health and PE week. To celebrate students are participating in extra physical activity and are encouraged to bring healthy lunches every day! There will be prizes given out to students who bring healthy lunches. On Friday 16th October the AFL inflatable road show are running a whole school incursion to help us celebrate being healthy and active!

WALK TO SCHOOL MONTH:
October is walk to school month! Walking to and from school is a great way to stay healthy and active each day. You can participate by going to http://www.walktoschool.vic.gov.au/student/register and signing up! The more students who sign up, the more chances we have to win prizes for our school.

HOOPTIME BASKETBALL:
During Term 3 our level 3-6 hoop time basketball teams were very successful. The Level 5/6 team came runners up in their competition and the 3/4 team are off to compete in the regional finals this term! Well done to all the students that participated.

Term 4 calendar
7th October- Level 3-6 District Athletics carnival (selected students)
12-16th October- Health and Physical Education week
16th October- AFL inflatables road show whole school incursion
22nd October- Level 3/4 Hoop time regional finals
23rd October- Kanga cricket round robin
What we are doing in Physical Education

FOUNDATION:
Students will practise ball skills focusing on throwing, catching and underarm striking. They will also play minor games with a focus on teamwork and practice some hot shots tennis skills.

LEVEL 1 & 2
Students will practise different skills used in hot shots tennis and other sports including t-ball and cricket. Students will play minor games focusing on these skills.

LEVEL 3 & 4
During Term 4 all of the Level 3/4 students will participate in baseball clinics with Kelly sports throughout their PE sessions. They will learn the fundamentals of baseball as well as play small games against each other. Students will learn and practise cricket skills and play modified cricket games.

LEVEL 5 & 6
During Term 4 all of the Level 5/6 students will participate in baseball clinics with Kelly Sports throughout 4 of their PE sessions. They will learn the skills and techniques used in baseball as well as play games against each other. Students will also participate in games of kanga cricket and some orienteering. During Level 5/6 sport students will be put into teams and begin practicing summer sports to prepare for interschool sport. This will include kanga cricket, volleystars, hot shots tennis, softball and kickball.