

Respectful Relationships at Camelot Rise Primary School

At **Camelot Rise Primary School**, we believe that helping children develop **respect, kindness, and empathy** is just as important as teaching academic skills. Our **Respectful Relationships** program supports students in building **positive friendships, managing emotions, and treating others with fairness and respect**.

This program is part of our **whole-school approach to wellbeing**, ensuring that every child feels **safe, included, and valued** in our school community.

What Does the Respectful Relationships Program Teach?

Through engaging lessons, discussions, and activities, students learn about:

- ☀️ **Understanding and managing emotions** – Recognising feelings and handling them in a healthy way.
- ☀️ **Building resilience** – Learning how to cope with challenges and setbacks.
- ☀️ **Developing positive friendships** – Encouraging kindness, teamwork, and respect for others.
- ☀️ **Solving problems peacefully** – Teaching students how to resolve conflicts in a fair and respectful way.
- ☀️ **Challenging unfair stereotypes** – Promoting gender equality and inclusivity.
- ☀️ **Asking for help when needed** – Encouraging students to reach out for support when things feel tough.

By developing these skills, children grow into confident, respectful individuals who can **navigate friendships, express themselves, and contribute positively** to their school and community.

How is Respectful Relationships Taught?

At Camelot Rise, we integrate Respectful Relationships into daily school life through:

- ✅ **Dedicated classroom lessons** tailored to different year levels.
 - ✅ **Class discussions and storytelling** to explore key values in a meaningful way.
 - ✅ **Role-playing and real-life scenarios** to help students practise positive behaviours.
 - ✅ **Whole-school initiatives**, such as special events and themed activities that promote kindness and inclusivity.
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How Can Parents Support This at Home?


Children learn a lot from the **examples they see at home**, and families play a big role in reinforcing the messages of **respect and empathy**. Here are some simple ways to support your child's learning:


- 💡 **Encourage kindness** – Praise your child for being thoughtful and considerate.
- 💡 **Talk about emotions** – Help your child name and express their feelings in healthy ways.
- 💡 **Support problem-solving** – Guide your child in handling disagreements calmly and respectfully.
- 💡 **Challenge unfair stereotypes** – Encourage fairness and inclusivity in everyday conversations.

Parent Workshops & Additional Resources

To help families support **Respectful Relationships** at home, we offer:

 **Parent Information Sessions** – These workshops provide insights into what children are learning and offer practical strategies for reinforcing these lessons at home.

 **Online Resources** – Visit <https://www.camelotrise.vic.edu.au/> or <https://www.vic.gov.au/respectful-relationships> for helpful articles, activities, and conversation starters.

 **Support Services** – If you have concerns about your child's social and emotional wellbeing, please reach out to their teacher or the school wellbeing team for guidance.

By working together, we can help our children **develop the confidence and skills they need to build strong, respectful relationships** now and in the future.

If you'd like to know more about the **Respectful Relationships** program at Camelot Rise Primary School, please reach out to your child's teacher or contact the school office.

We appreciate your support in helping us create a **kind, caring, and respectful school community for all!**