



## ASTHMA POLICY

### BACKGROUND

Asthma affects up to one in four primary aged children, one in seven teenagers and one in ten adults. It is important therefore for all staff members to be aware of asthma, its symptoms and triggers, and the management of asthma in a school environment.

### PURPOSE

To manage asthma and asthma sufferers as effectively and efficiently as possible at school.

### GUIDELINES

- Professional development will be provided for all staff on the nature, prevention and treatment of asthma attacks. Such information will also be displayed in the staffroom and first aid room.
- All students with asthma must have an up to date (annual) written asthma management plan consistent with Asthma Victoria's requirements completed by their doctor or paediatrician. Appropriate asthma plan proformas are available at [www.asthma.org.au](http://www.asthma.org.au)
- Asthma plans will be recorded on CASES21 and a paper copy kept in the first aid room for reference.
- If no plan is available children are to be sat down, reassured, administered 4 puffs of a shaken reliever puffer (blue canister) delivered via a spacer – inhaling 4 deep breaths per puff, wait 4 minutes, if necessary administer 4 more puffs and repeat the cycle.
- Parents/guardians must be called if there is no improvement after the second 4-minute wait period, or if it is the child's first known attack.
- An ambulance will be called if the child's condition does not improve or deteriorates.
- Parents must be contacted whenever their child suffers an asthma attack.
- Parents/guardians are responsible for ensuring their children have an adequate supply of appropriate asthma medication (including a spacer) with them at school at all times.
- The school will provide, and have staff trained in the administering of, reliever puffers (blue canister) such as Ventolin, Airomir, Asmol or Bricanyl and spacer devices in all first-aid kits, including kits on excursions and camps. Clear written instructions on how to use these medications and devices will be included in each first aid kit, along with steps to be taken to treat severe asthma attacks. Kits will contain 70% alcohol swabs to clean devices after use.
- The delegated first aid staff member will be responsible for checking reliever puffer expiry dates.
- A nebuliser pump will not be used by the school staff unless a student's asthma management plan recommends the use of such a device, and only then if the plan includes and complies with the School Policy Advisory Guides – Asthma Medication Delivery Devices.
- All devices used for the delivery of asthma medication will be cleaned appropriately after each use.
- Care must be provided immediately for any student who develops signs of an asthma attack.
- Children suffering asthma attacks should be treated in accordance with their asthma plan.

### IMPLEMENTATION

**EVALUATION**

This policy will be reviewed as part of the school’s three-year review cycle.

**RELEVANT DOCUMENTS AND LINKS**

- <http://www.education.vic.gov.au/school/principals/spag/health/pages/conditionasthma.aspx>
- <https://www.asthmaaustralia.org.au/>

**CERTIFICATION**

This policy was endorsed by School Council at the meeting held on .... September 2018.

Signed..... Signed.....  
Principal School Council President